



St. James Cathedral School Extra Curricular Learning Program 2021-2022 Session 2 Offerings October - December

Extra Curricular Learning Program (ECLP) classes are held on campus following dismissal Monday - Thursday. Classes run for 6 week sessions and a minimum number of participants must be met. The offerings are available to all enrolled SJCS students in PK3 - Grade 8, regardless of participation in the After School Program.

SESSION 2 DATES

Oct. 1- Registration opens
Oct. 15- Registration closes
Oct. 25- First day of Session 2
Nov. 22-26- No School Thanksgiving
Dec. 6- Last day of Mon. classes
Dec. 7- Last day of Tues. classes
Dec. 8- Last day of Wed. classes
Dec. 9- Last day of Thur. classes

IMPORTANT DETAILS:

- The credit card you provide at registration will not be charged until the first week of each session.
- Program fees are non-refundable and non-transferable unless there is insufficient enrollment.
- No make-ups will be scheduled for inclement weather or unforeseen circumstances.
- If a vendor is ill, all efforts will be made to arrange a make-up class.
- Parent/guardian is responsible for reminding their child of classes.
- All vendors have been cleared per Diocesan policy with respect to fingerprinting and background checks.
- There are no ECLP classes held on No School days.
- If you select an ECLP class for your child that does not begin immediately following dismissal (e.g. a class start time of 3:30pm M/T/Th/F or 2:30pm Wed.), you will be charged the ASP drop-in rate or your ASP plan will be utilized if applicable.

Questions? Contact our program director, Alexis Culver, at alexis.culver@stjcs.com.

TO REGISTER VISIT: www.stjcs.com/eclp

| Class & Description | Grades | Time | Cost |
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| MONDAYS | | | |
| <p><u>A Bit of BYTES Workshop</u> Students will learn the basics and fundamentals of working with Micro-controllers and Coding. They will explore the Micro:Bit components to build games such as Etch-A-Sketch, Rock-Paper-Scissors, Red Light – Green Light, Catch a Turkey, and Santa’s Workshop. Supplies included. Participants need to bring their kit with them to class each week.</p> <p><u>Core Sports Soccer</u> Core Sports Academy provides a fun and safe atmosphere for all kids to learn soccer and build character as well! Our carefully constructed curriculum focuses on the importance of doing one’s best individually and as a team. Every session has a skill of the day as well as a character development word. Our classes aim to encourage fun, build character and confidence, teach teamwork, all while teaching core soccer skills. Supplies included.</p> | K-2 | 3:30 - 4:30pm | \$160 |
| | 3-5 | 4:30 - 5:30pm | \$160 |
| | PK3-K | 3:30-4:00pm | \$120 |
| | 1-3 | 4:00-4:45pm | \$135 |
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| Class & Description | Grades | Time | Cost |
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| TUESDAYS | | | |
| <p><u>Head, Shoulders, Knees, & Toes</u> Get your body moving with active songs, process art, learning games, and creative play, all designed to strengthen the core muscles and provide motor foundational strength used for fine motor skills. Children will learn correct letter and number formation, pencil grip, and scissor skills as we use our Head, Shoulders, Knees, and Toes! We will explore fun, hands-on techniques to help your child grip the pencil correctly and control fine motor muscles effectively through various multi-sensory activities.</p> <p><u>Basketball Fitness Fun</u> Basketball Fitness Fun is a sports program designed to help kids progress their skills, develop a passion for sports, and provide them with a fun and safe atmosphere for growth!</p> <p>Tuesday offerings continued on next page...</p> | PK3 & PK4 | 3:30 - 4:30pm | \$100 |
| | K-2 | 3:30 – 4:30pm | \$125 |

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| <p><u>Impact Dance</u> Ballet, Jazz, & Tap class will expose students to multiple styles of dance and allow them to have fun finding their own unique style of expression. Each class will begin with fundamental ballet technique to emphasize strength, flexibility, grace, and structure, followed by introductory jazz and tap technique. Jazz will enhance stronger body placement and alignment through isolated movement and accents. Tap technique and terminology will be taught through exciting rhythm activities and students will gain a more innate sense of timing. Dancers will begin to use musicality to create an overall visual picture with body shapes and formations, which will aid in spatial awareness, teamwork and creativity! Shoes needed: black velcro strap tap shoes; pink ballet shoes for girls and black ballet shoes for boys.</p> | 1 st | 3:30-4:15pm | \$125 |
| <p>Jazz & Hip Hop is a high energy class that instills rhythm, coordination, and balance through age-appropriate movements set to fun and upbeat music. Jazz provides structured body placement and technique through floor work, turns, kicks and jumps. Hip Hop builds rhythm and an opportunity to practice dynamic movement that helps dancers develop muscle memory via choreography. Basic steps and terminology will be taught in a variety of ways to reinforce memorization of the steps. Students will also learn the importance of a proper warm up and stretch. Creativity and individuality will be heavily encouraged to help students become comfortable and confident! Jazz shoes are optional; school athletic shoe works for Hip Hop.</p> | 2 nd | 4:20-5:05pm | \$125 |

| Class & Description | Grades | Time | Cost |
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| WEDNESDAYS | | | |
| <p><u>Teddy Bear & Me!</u> Bring your favorite cuddly teddy bear friend (and don't forget your imagination!) and share it with your friends! We will enjoy bear-themed crafts, songs, snacks, books, dramatic play, and more! Participants will also use their teddy bear to explore a variety of concepts including measurement, compare/contrast, ordering, shapes, hues, and more!</p> | PK3 & PK4 | 2:30 - 3:30pm | \$110 |
| <p><u>Backyard Games</u> Let's get outside and PLAY! Kickball, Dodgeball, Capture the Flag, SPUD, and many more exciting adventures are coming to our SJCS campus. Come out and have some good ol' fun while building teamwork, gross motor, and critical thinking skills! Wednesday offerings continued on next page...</p> | K-3 | 2:30-3:30pm | \$125 |

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| <u>Petite Palette</u> Petite Palette encourages and inspires creativity and uniqueness! Students will learn color composition and perspective while experiencing a variety of inventive projects with mediums including paint, watercolor, clay, and mixed media. Their eyes will light with excitement when they see their finished creations! Supplies included. | K-8 | 2:30-3:30pm | \$125 |
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| Class & Description | Grades | Time | Cost |
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| THURSDAYS | | | |
| <u>Design the Runway</u> Learn how to create your very own fashion line! Budding designers will create a portfolio, participate in design challenges, make a one-of-a-kind piece constructed out of recyclable goods, and end the sessions with a Runway Show! | 4-8 | 3:30 – 4:30pm | \$136 |
| <u>Basketball Fitness Fun</u> Basketball Fitness Fun is a sports program designed to help kids progress their skills, develop a passion for sports, and provide them with a fun and safe atmosphere for growth! | 3-6 | 3:30-4:30pm | \$125 |
| <u>TGA Golf</u> Get ready to tee up and have some fun with TGA! Our multi-week program is idea for all players - from beginners to experienced junior golfers - and is designed to refine skill, achieve success, and promote discovery through play! Participants will learn proper set-up and swing fundamentals, rules of play and etiquette, golf terminology, an introduction to scoring, and of course, good sportsmanship and honesty! | K-5 | 3:30-4:30pm | \$115 |
| <u>Recycled Art Adventures</u> Let's create with Found Art! Artists will use twigs, egg cartons, cardboard, and more along with their imaginations to create original and unique masterpieces! It's going to be a colorful, texture-filled adventure! | K-3 | 3:30-4:30pm | \$120 |
| <u>Impact Dance</u> <u>Pre-Ballet</u> is a great first step for aspiring dancers or any child that enjoys movement. The class focuses on imaginative stretches, exercises and games that will introduce the child to the world of music, rhythm, dance, and basic ballet technique. This gentle introduction to classical ballet will also aid in developing coordination, spatial awareness, and fine and gross motor skills. Shoes needed: pink ballet shoes. Preschoolers will stay in their school uniforms for class. Thursday offerings continued on next page... | PK3 & PK4 | 3:30-4:15 | \$125 |

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| <p>Ballet/Tap focuses on the fundamentals of both ballet and tap in a fun combo class, and it is a great way to build attention span and discipline! Previous dance experience is not required, but this curriculum will build on concepts taught in pre ballet. Students will learn ballet basics including proper body placement and terminology while using their imaginations! In Tap, dancers will experience rhythm, as well as to gain coordination and balance. Shoes needed: black velcro strap tap shoes; pink ballet shoes for girls and black ballet shoes for boys.</p> | K | 4:20-5:05pm | \$125 |
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