



# St. James Cathedral School Extra Curricular Learning Program 2021-2022

## Session 1 Offerings August & September

*Extra Curricular Learning Program (ECLP) classes are held on campus following dismissal Monday - Thursday. Classes run for 6 week sessions and a minimum number of participants must be met. The offerings are available to all enrolled SJCS students in PK3 - Grade 8, regardless of participation in the After School Program. Please note: as our vendors slowly return to post-Covid operations and make scheduling and staffing adjustments, at this time only Session 1 Class offerings and registration are available. Session 2 class options are forthcoming; session 2 dates are provided below for your planning.*

### SESSION 1 DATES

July 15- Registration opens  
Aug. 11- Registration closes  
Aug. 16- First day of Session 1  
Sept. 6- No School Labor Day  
Sept. 21- Last day of Tues. classes  
Sept. 22- Last day of Wed. classes  
Sept. 23- Last day of Thur. classes  
Sept. 27- Last day of Mon. classes

### SESSION 2 DATES

Oct. 1- Registration opens  
Oct. 15- Registration closes  
Oct. 25- First day of Session 2  
Nov. 22-26- No School Thanksgiving  
Dec. 6- Last day of Mon. classes  
Dec. 7- Last day of Tues. classes  
Dec. 8- Last day of Wed. classes  
Dec. 9- Last day of Thur. classes

### IMPORTANT DETAILS:

- The credit card you provide at registration will not be charged until the first week of each session.
- Program fees are non-refundable and non-transferable unless there is insufficient enrollment.
- No make-ups will be scheduled for inclement weather or unforeseen circumstances.
- If a vendor is ill, all efforts will be made to arrange a make-up class.
- Parent/guardian is responsible for reminding their child of classes.
- All vendors have been cleared per Diocesan policy with respect to fingerprinting and background checks.
- There are no ECLP classes held on No School days.
- If you select an ECLP class for your child that does not begin immediately following dismissal (e.g. a class start time of 3:30pm M/T/Th/F or 2:30pm Wed.), you will be charged the ASP drop-in rate or your ASP plan will be utilized if applicable.

**Questions? Contact our program director, Alexis Culver, at [alexis.culver@stjcs.com](mailto:alexis.culver@stjcs.com).**

**TO REGISTER VISIT: [www.stjcs.com/eclp](http://www.stjcs.com/eclp)**



# SJCS ECLP Session 1

## Class Offerings 2021-2022

### MONDAY

- **Core Sports Soccer**

**3:30-4:00PM**

**4:00-4:30PM**

#### GRADES

#### COST

PK3 - K

\$135

1st - 4th

\$135

Core Sports Academy provides a fun and safe atmosphere for all kids to learn soccer and build character as well! Our carefully constructed curriculum focuses on the importance of doing one's best individually and as a team. Every session has a skill of the day as well as a character development word. Our classes aim to encourage fun, build character and confidence, teach teamwork, all while teaching core soccer skills. Supplies included.

- **Martial Arts 3:30-4:00PM**

K - 2

\$100

Come enjoy this introduction to martial arts! Students will learn basic martial arts skills, as well as some important life skills including focus, respect, self discipline, confidence, and more!

### TUESDAY

- **Head, Shoulders, Knees, & Toes 3:30-4:30PM**

PK3 - K

\$108

Get your body moving with active songs, process art, learning games, and creative play, all designed to strengthen the core muscles and provide motor foundational strength used for fine motor skills. Children will learn correct letter and number formation, pencil grip, and scissor skills as we use our Head, Shoulders, Knees, and Toes! We will explore fun, hands-on techniques to help your child grip the pencil correctly and control fine motor muscles effectively through various multi-sensory activities.

- **Martial Arts 3:30-4:00PM**

3rd - 5th

\$100

Please reference the Martial Arts class description above...and be ready for lots of fun!

- **Impact Dance Classes**

**Ballet, Jazz, & Tap 3:30-4:15PM**

1st

\$110

**Jazz and Hip Hop 4:20-5:05PM**

2nd

\$110

**Ballet, Jazz, & Tap** class will expose students to multiple styles of dance and allow them to have fun finding their own unique style of expression. Each class will begin with fundamental ballet technique to emphasize strength, flexibility, grace, and structure, followed by introductory jazz and tap technique. Jazz will enhance stronger body placement and alignment through isolated movement and accents. Tap technique and terminology will be taught through exciting rhythm activities and students will gain a more innate sense of timing. Dancers will begin to use musicality to create an overall visual picture with body shapes and formations, which will aid in spatial awareness, teamwork and creativity! Shoes needed: black velcro strap tap shoes; pink ballet shoes for girls and black ballet shoes for boys.

**Jazz & Hip Hop** is a high energy class that instills rhythm, coordination, and balance through age-appropriate movements set to fun and upbeat music. Jazz provides structured body placement and technique through floor work, turns, kicks and jumps. Hip Hop builds rhythm and an opportunity to practice dynamic movement that helps dancers develop muscle memory via choreography. Basic steps and terminology will be taught in a variety of ways to reinforce memorization of the steps. Students will also learn the importance of a proper warm up and stretch. Creativity and individuality will be heavily encouraged to help students become comfortable and confident! Jazz shoes are optional; school athletic shoe works for Hip Hop.



# SJCS ECLP Session 1

## Class Offerings 2021-2022

### WEDNESDAY

#### GRADES

#### COST

- **Petite Palette 2:30-3:30PM**

K - 8th

\$125

Petite Palette encourages and inspires creativity and uniqueness! Students will learn color composition and perspective while experiencing a variety of inventive projects with mediums including paint, watercolor, clay, and mixed media. Their eyes will light with excitement when they see their finished creations! Supplies included.

- **Creative Comic 2:30-3:30PM**

K - 2

\$108

Do you have a knack for drawing? Do you like to write? We have the class for you! Come join us as we explore the world of comics. We will learn about different cartooning styles, create unique characters, and build a portfolio of your work.

- **Safari Adventures 2:30-3:30PM**

PK3 & PK4

\$110

Get your binoculars and cameras ready, we are off on an adventure to remember! Students will take a safari around the world visiting a new country each week! In addition to learning about the native animals, we will also explore the culture of the location through literature, games, and art! Grab your passport and discover the thrill of the hunt without leaving our school.

### THURSDAY

- **TGA Tennis 3:30-4:30PM**

K - 5th

\$115

Come join us for a multi-week program ideal for all players - from beginners to experienced - that is designed to refine skill, achieve success, promote discovery through play, and provide a pathway to always Keep Playing! In each class TGA instructors teach 1) foundational athletic skills, 2) academics and STEAM activities, and 3) sportsmanship and leadership! See you on the (gym) court!

- **Creative Comic 3:30-4:30PM**

3rd - 5th

\$108

Please reference the Creative Comic class description above...let's get creating!

- **Impact Dance Classes**

**Pre-Ballet 3:30-4:15PM**

PK3 & PK4

\$110

**Ballet/Tap 4:20-5:05PM**

K

\$110

**Pre-Ballet** is a great first step for aspiring dancers or any child that enjoys movement. The class focuses on imaginative stretches, exercises and games that will introduce the child to the world of music, rhythm, dance, and basic ballet technique. This gentle introduction to classical ballet will also aid in developing coordination, spatial awareness, and fine and gross motor skills. Shoes needed: pink ballet shoes. Preschoolers will stay in their school uniforms for class.

**Ballet/Tap** focuses on the fundamentals of both ballet and tap in a fun combo class, and it is a great way to build attention span and discipline while keeping students engaged! Previous dance experience is not required, but this curriculum will build on concepts taught in pre ballet. Students will learn ballet basics including proper body placement and terminology while using their imaginations! Tap provides an excellent way for children to experience rhythm, as well as to gain coordination and the ability to tackle shifting weight, a very important skill for further dance training and great balance! Shoes needed: black velcro strap tap shoes; pink ballet shoes for girls and black ballet shoes for boys.