

ST. JAMES CATHEDRAL SCHOOL ATHLETIC DEPARTMENT RULES AND PROCEDURES

We are excited to have your child join our middle school athletic program here at St. James. Below are the rules and procedures to maintain good standing within his/her athletic team.

1. All student athletes must conduct him/herself according to the policies outlined in by the Catholic Youth Sports League as well as those defined by the St. James student handbook and those rules outlined in this policy.
2. **All students must maintain at least a 2.8 GPA** to be eligible to play any middle school sport. Failure to keep up the minimum GPA will result in suspension from the team which includes practices and games.
3. Student athletes must be present for the entire school day in order to participate in practices or games. Late arrivals or early dismissals on practice or game days require a doctor's note and must be approved before participating that day.
4. Players are expected to be at every practice, on time and prepared with the proper equipment.
5. Players are expected to be at every game. Excused absences will not be penalized. Excused absences for players are **school functions** (play, parish festival, student needs academic assistance, etc.), a **religious event** (confirmation practice, confirmation retreat, etc.) or **illness**.
6. **Athletes will be allowed two unexcused (2) game absences per season. More than 2 unexcused absences and the player will not be eligible to participate in any of the tournament games.** Unexcused absences include: club participation (i.e., soccer, AAU, baseball, OVA, Boys Scouts, Girl Scouts), dance recitals, etc.
7. For the track and field season, **a player must attend at least one mini-meet** to be eligible for the Championship meet.
8. Athletes are required to find their own participation to practice and games. All car pools should be arranged ahead of time and the player must provide a written note allowing them to ride with another family.
9. **Pickup after practice should be on time.** Parents who are late will be required to pay an after school fee if practice is on campus and ends before 6 p.m., as their child will be sent to aftercare until pickup.
10. Players are never to leave campus/field during practice unless they are being picked up by a parent or guardian and have informed the coach of their needs to leave early.
11. Any student involved in disciplinary problems will be subject to the Athletic Department penalties and/or removal from the team. Any infractions will be dealt with on an individual basis and consequences determined by the Athletic Director and school Administration.
12. **A \$50 deposit on all uniforms will be collected before uniform distribution.** Uniforms must be promptly returned at the end of the season and in good shape. Damaged uniforms, failure to return a uniform or returning a uniform late, will result in loss of the deposit.
13. **Each parent must complete a minimum of 2 volunteer hours per sport and season their child participates.** Hours can be completed in the concession stand, helping score games, running the score clock, collecting uniforms, end of year banquet, etc. All hours must be approved by the Athletic Director.

You have made a choice to represent St. James Cathedral School through our middle school athletic program. We will be striving to maintain our reputation by demonstrating good sportsmanship, respect for others, respect of our property and equipment and playing our best throughout the season. By signing this form, you are making a commitment to your school, your team and yourself.

I have read and understand the St. James Cathedral School Athletic Department Rules and Procedures.

PARENT SIGNATURE

STUDENT SIGNATURE

DATE

