



GRADES
1ST - 8th

CHEERLEADING

Our Cheerleading program is a self-funded activity. Each cheer squad is coached by volunteer parents. This is an excellent way to get involved and share in your child(ren)'s interest while completing your Panther Promise volunteer hour commitment throughout the year.

COACHES ARE STILL NEEDED FOR OUR JJV SQUAD.

ABOUT CHEERLEADING

Our Cheerleading program at St. James Cathedral School has grown significantly over the past six years. Our cheer squad is built upon a foundation of valuable life lessons that are critical for young children as they prepare for a more competitive platform in high school.

Students in 1st through 8th grade who participate in our Cheerleading program are taught the value of perseverance, dedication, social and emotional balance, and teamwork. We build upon these values keeping fun and fellowship first. These values help form and strengthen long-standing relationships with family and their squad members.

BENEFITS OF CHEERLEADING

Cheerleading helps boost self-confidence as students prepare for high school. Competition is fierce at this level and having years of practice behind them will prove beneficial and give them a competitive advantage of making these squads. There are many health benefits as well as educational performance motivators.

SQUAD DIVISIONS & PRACTICE SCHEDULE

- 1st & 2nd Grade = JJV
- 3rd & 4th Grade = JV
- 5th - 8th Grade = Varsity

Practice will be held on campus immediately following dismissal as followed:

- **JJV & JV:** Wednesdays @ 3:30pm - 4:00pm
- **Varsity:** Fridays @ 3:30pm - 4:15pm

PERFORMANCE SCHEDULE

We cheer for Girls Basketball (Fall: Aug-Oct) and Boys Basketball (Spring: Jan-Apr). During the week, we only cheer at home games held at SJCS campus. All game times last one hour. Please arrive 20 minutes before the scheduled game time.

- Home Games (during week) 4pm - 7pm
- Saturday games: 8am - 2pm (we may travel to other schools)

We also participate in other school activities throughout the year (for example - book fairs, Orlando Magic Game, Box Top Game, etc.). **A parent or guardian must be present at all times during the game. NO drop-offs.**

MANDATORY PARENT MEETING

We will hold a mandatory registration meeting on **Wednesday August 23rd** in the school gym.

- 1st/2nd Grade 5:00pm - 5:30pm
- 3rd/4th Grade 5:30pm - 6:00pm
- 5th-8th Grade 6:00pm - 7:00pm

REGISTRATION FEES & UNIFORMS

The registration fee is \$150. All registrations are completed online. A separate check for \$50 is required for a refundable uniform deposit. Please make checks payable to: St. James Cathedral School. This will be held to ensure we receive the uniforms back in nice shape. Bloomers, bows, and socks will be yours to keep. Students may wear their white school tennis shoes. Registration is open in fall only. Spring registrations are not accepted. Visit stjcs.com/cheerleading.

REGISTER NOW